



Reinventing the Wheel: Renewing the Center of Your Life (Paperback)

By Jeremy P Farrell, Jeremy Farrell

Createspace Independent Publishing Platform, United States, 2012. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Jeremy Farrell, Christ-follower, life and leadership coach and Human Resources professional with the IBM Corporation has written a challenging book that tackles the essence of the balanced life, be it physical, emotional or spiritual Balance. Farrell s experience and conviction about the achievement and sustainability of the balanced and resilient life is clearly communicated in every page. The author also takes one down a road that looks at not only Balance in life, but also putting the right things at the Center, and Aligning that life with its ultimate purpose. Adding to that an element of Accountability which supports transformative change and renewal. Farrell uses practical exercises and personal and anecdotal illustrations to make the journey of reflection, action and further reflection come alive to the reader. The book challenges the reader s perspective on their life, probing to deeper levels of self-analysis and small actions that can form the beginning of significant change. The reader is led to consider dimensions of life as spokes in a wheel. Although one starts by looking at satisfaction...



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