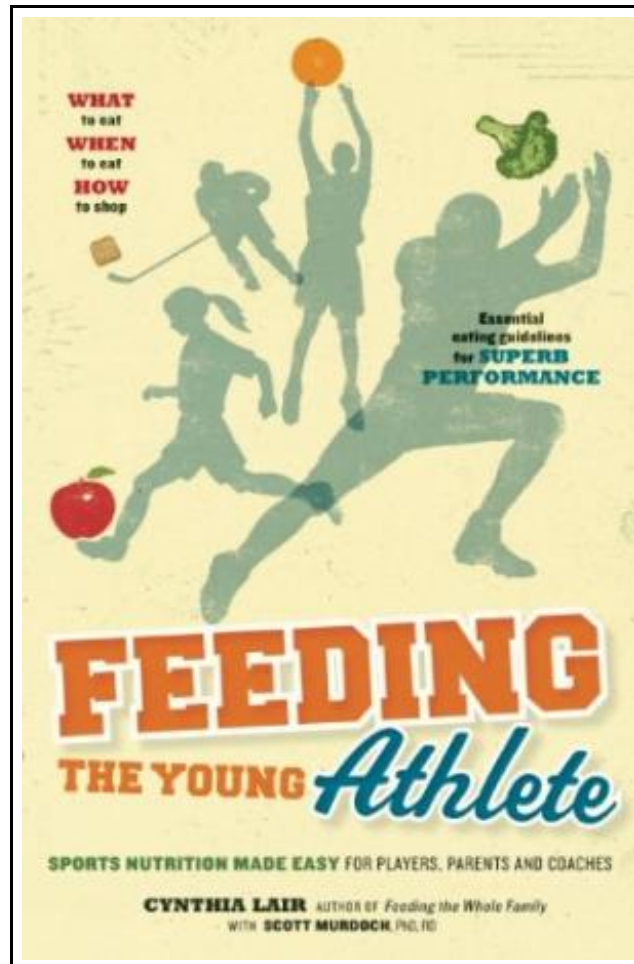


## Feeding the Young Athlete: Sports Nutrition Made Easy for Players, Parents and Coaches



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