



Raw Food: How to Implement Raw Foods Into Your Life in the Real World - Not Your Run of the Mill Raw Foods Diet Recipe Book (Paperback)

By Dexter Poin

Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. Large Print. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.RAW FOOD BY DEXTER POIN IS PROUDLY SOLD EXCLUSIVELY ON AMAZON BOTH IN PAPER BACK AND EBOOK FORMATS FOR YOUR CONVENIENCE Raw Foods and how to implement them into our hectic lives in the real world. TO BE OR NOT TO BE YOUR OWN NUTRITIONIST. THAT IS THE 75 ZILLION DOLLAR QUESTION? B.Y.O.N. This is not just another slap and stick run of the mill diet and recipe book on the subject of raw foods. In fact none of my many books out there are typical run of the mill books on any of the subjects that I write about. I have got very different views on the subject of health and wellness than what appears to be being pushed out onto the masses of health and wellness seekers. But my views are all based on my 37 years of living this stuff, rather than trying to sell concoctions of snake oil, and hype, to gullible wide eyed people. This raw foods book here is part of my next series teaching people how...



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Reviews

Very helpful to any or all category of folks. It is written in simple phrases rather than difficult to understand. It has been developed in an exceptionally simple way and is particularly just after I finished reading this pdf in which basically transformed me, modify the way in my opinion.

-- **Hank Runte**

This book is definitely not easy to get going on reading through but extremely exciting to see. I am quite late in starting reading this one, but better than never. I am pleased to explain how here is the finest book I actually have read inside my individual daily life and may be the best book for ever.

-- **Mrs. Ellie Yost II**

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