



100 Plus Homemade Essential Oil Beauty Recipes: Aromatherapy Preparations for Skin, Lip and Hair Care (Body Scrubs, Perfumes, Lotions, Creams, Deodorants, Bath Salts, Soaps and More) (Paperback)

By Sandy Comfort

Createspace, United States, 2014. Paperback. Book Condition: New. 222 x 152 mm. Language: English . Brand New Book. LOOK BEAUTIFUL, LIVE LONGER Everyone desires to look beautiful, but do you need to endanger yourself in the process? Absolutely not! But, sadly that s what we do when we continuously spend money on commercial beauty products. The truth is that our bodies aren t meant for absorbing chemicals that are contained in the various store-bought beauty products we buy from day to day. Granted, they may make you feel great for a while but sooner or later, someone s got to pay and believe me, it isn t the manufacturers. The only way out is to make your own natural hair and skin care products using the number one natural ingredient of our time: Essential oil. A whole range of products such as perfumes, soaps, bath recipes, deodorants, body scrubs, lotion and creams can be created with natural products of which essential oil plays a major part. In this book, there are over 100 recipes to try your hands on. These simple-to-make but highly effective recipes covers a wide range of beauty treatments. It is extremely fun and absolutely creative. You...



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