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New Passages

By Gail Sheehy

Ballantine Books. Paperback. Book Condition: New. Paperback. 528 pages. Dimensions: 8.2in. x 5.5in. x 1.3in. THE 1 NEW YORK TIMES BESTSELLER Millions of readers literally defined their lives through Gail Sheehy's landmark bestseller *Passages*. Seven years ago she set out to write a sequel, but instead she discovered a historic revolution in the adult life cycle. . . People are taking longer to grow up and much longer to die. A fifty-year-old woman--who remains free of cancer and heart disease-- can expect to see her ninety-second birthday. Men, too, can expect a dramatically lengthened life span. The old demarcations and descriptions of adulthood--beginning at twenty-one and ending at sixty-five--are hopelessly out of date. In *New Passages*, Gail Sheehy discovers and maps out a completely new frontier--a Second Adulthood in middle life. Stop and recalculate, Sheehy writes. Imagine the day you turn forty-five as the infancy of another life. Instead of declining, men and women who embrace a Second Adulthood are progressing through entirely new passages into lives of deeper meaning, renewed playfulness, and creativity--beyond both male and female menopause. Through hundreds of personal and group interviews, national surveys of professionals and working-class people, and fresh findings extracted from fifty years of...



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